

Long Term Plan Subject: PE

| | Rec | Y1 | Y2 | Y3 | Y4 | Y5 | Y6 |
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| Term 1 | Intro to PE: Unit 1 Ball Skills: Unit 1 | Fundamentals Ball Skills | Fundamentals Ball Skills | Ball Skills Tag Rugby Swimming | Tag Rugby Fitness | Tag Rugby Hockey | Football Tag Rugby |
| Term 2 | Gymnastics: Unit 1 Intro to PE: Unit 2 | Gymnastics Sending and Receiving | Gymnastics Sending and Receiving | Gymnastics Fitness Swimming | Gymnastics Football | Gymnastics Hockey | Gymnastics Netball |
| Term 3 | Dance Fundamentals: Unit 1 | Fitness Target Games | Fitness Target Games | Netball Orienteering | Netball Dance | Dance Netball | Hockey Orienteering |
| Term 4 | Gymnastics: Unit 2 Games: Unit 1 | Invasion Team Building | Team Building Invasion | Hockey Basketball | Hockey Basketball | Football Basketball | Handball Hockey |
| Term 5 | Dance: Arts and Culture Week Ball Skills: Unit 2 | Athletics Dance: Arts and Culture Week | Athletics Dance: Arts and Culture Week | Athletics Dance: Arts and Culture Week | Athletics Dance: Arts and Culture Week | Athletics Dance: Arts and Culture Week | Athletics Dance: Arts and Culture Week |
| Term 6 | Games: Unit 2 Fundamentals: Unit 2 | Striking and Fielding Net and Wall | Striking and Fielding Net and Wall | Tennis Cricket | Tennis Cricket | Tennis Cricket | Tennis Cricket |