

KEY INFORMATION FOR THE WEEK

It has been a busy week in school with our Year 6 children tackling Standard Assessment Tests (SATs). We have served over seventy breakfasts which we hope has set the children up for the day. During the tests they have worked incredibly hard and shown a tremendous amount of resilience; we are proud of them all. Their papers have now been sent off to be marked so we wait for results to be returned to us in early July. In the meantime, they have lots of exciting things to look forward to before the end of term as does everyone else. Our Arts and Culture Week is fast approaching and after that, Sports Fortnight. It is a wonderful time for us to create memories that will take us into the summer holiday. Next week Year 2 will take their SATs which form part of our teacher assessment taking them into KS2.

Mathemagical Competition:

After school on Monday, three children from Year 4, Hadi Bukhari, Mabel Cochrane and Dotty Parker, went off to Cookham Dean Primary to take part in a maths competition organised by the Rotary Club of Maidenhead. They were up against ten other schools in an event which required them to answer some complex maths questions in a limited amount of time. They did a superb job coming in fourth place having worked brilliantly as a team. Certificates were presented to them today in assembly.

Summer Music Concert:

We were thrilled that so many children auditioned for our summer music concert on Thursday 5th June. Thirty one attended the auditions after which Mrs Brown had the difficult task of selecting those that had impressed sufficiently. Those that were successful have now been informed and any that weren't, are very welcome to perform in assembly before the end of term. They simply need to come and let me or their class teacher know.

PTA News:

It was disappointing that, owing to a lack of interest, the PTA have had to cancel their Eurovision Party which would have taken place tomorrow. However, there are lots of other PTA events coming up, including HT Fest, for us all to enjoy.

On Friday 23rd May we are holding a non-uniform day in exchange for items donated to the PTA tombola ahead of HT Fest on 5th July. The team are looking for items such as books, wine, toiletries, games, toys etc that are new or in excellent condition. On the day, items should be brought to the front entrance of school where the team will be happy to take them from you. Thank you for your support in this venture.

Secondary Transfer Test (11 Plus):

As you will have seen in last week's newsletter, we are a partner school with Buckinghamshire Council which means we have authority to carry out and invigilate transfer tests here in school. In reaching the qualifying mark in the 11+ tests, children gain entry to a grammar school. However, can I remind you that in order for your child to take the tests at our school, you have to complete the registration process yourself. It went live a week ago. A leaflet and PowerPoint relevant to those of you with children in Year 5 has been sent out again today; if you have any questions about the process, please contact Buckinghamshire Council directly at: https://www.buckinghamshire.gov.uk/schools-and-learning/schools-index/school-admissions/contact-school-admissions/

Smartphone Free Childhood:

Following my meeting last Friday with heads from sixty RBWM head teachers I am now even more behind the <u>Smartphone Free Childhood</u> movement. The research that was shared about harmful content, addiction, academic distraction, grooming, cyberbullying, mental illness and 'opportunity cost' is shocking and perhaps explains why Charters Senior School in Ascot and now Furze Platt Senior School have gone down the route of banning Smartphones on site. I would strongly encourage you think hard about when you feel comfortable giving your child a Smartphone and consider signing the Smartphone Free Childhood Parent Pact to show your support too.

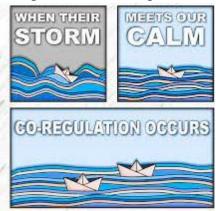
Did you know that 89% of 12 year old in the UK own their own Smartphone and that 29 hours is the average time a British 12 year old spends on a Smartphone each week? When you consider that research shows that 51% of UK 11-13 year olds have seen hardcore pornography (British Board of Film Classification Report March 2019), 75% of UK 15 year olds have been sent beheading videos (Digital Childhoods, Children's Commissioner Report, 2022) and 90% of girls and 50% of boys say they are sent unwanted explicit content (Ofsted review of sexual abuse in schools, 2021) is it any wonder that so many are campaigning so hard to encourage parents to delay giving their child/ren these phones?

If you need any more convincing you might like to watch the following compelling film that sums up the problem in twelve minutes: https://www.youtube.com/watch?v=5Zhfd0jW7iY

How do we support children to meet their potential at Holy Trinity?

As part of our journey towards becoming a Gold Award Attachment Aware School, we're sharing simple ways we support emotional wellbeing in school—and how you can help continue this support at home.

Co-regulation and Self-Regulation



One of the most important emotional skills children need to learn is how to **regulate their feelings**—how to calm down when they're angry, cope with disappointment, or manage anxiety. But self-regulation doesn't happen automatically. First, children need adults to show them how.

This is where **co-regulation** comes in. At Holy Trinity, we support children by:

- Using calm voices, gentle tone, and open body language when they are upset.
- Sitting with them quietly or offering words like "You're safe. I'm here. Let's breathe together."
- Modelling emotional regulation ourselves, even in tricky moments.

This helps children feel safe and connected—even when they're overwhelmed. Over time, with repeated experiences of calm, caring adult support, they learn to regulate themselves.

How you can support this at home:

- When your child is having a hard time, try staying close and calm, rather than trying to fix it straight away.
- Help name the feeling: "It looks like you're really angry."
- Offer co-regulation strategies: cuddling a teddy, deep breaths, rocking, or quiet time together.
- Once they're calm, gently reflect on what happened—and remind them that all feelings are okay, even the big ones.

The goal isn't to stop children from feeling things, but to help them feel safe *while* they feel them. That's the foundation of resilience. Have a lovely weekend and we shall look forward to seeing you on Monday for the final week of term.

Anna Smith

CALENDAR DATES

17 th May	PTA Eurovision Song Party - CANCELLED	Г
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20th May – 23rd May Travelling Book Fair in the library – open 3:15-4pm - card payments only

22nd May Y3 Junior Music Festival Rehearsal - Courthouse School am (details sent out in a letter)

23rd May Mufti Day – in exchange for tombola items for HT Fest

26th May - 30th May Half Term Break

4th June PTA Meeting

5th June Summer Music Concert 6pm

6th June Year 5 Visit to Holy Trinity Church ahead of Heritage Day

6th June PTA Disco (details to follow) 7th June Royal Windsor Flower Show

8th June Special Eucharist to Celebrate the Opening of Holy Trinity Church, Cookham 11am

9th – 13th June Arts and Culture Week (please refer to the letter sent out today)

12th June Y3 Junior Music Festival Rehearsal - Courthouse School am (details sent out in a letter)

13th June Arts and Culture Week Performance pm 17th June EYFS Trip to Braywick Nature Centre

18th June Arthur Burgin Science Exhibition – Year 6 (please refer to the letter sent specifically to Year 6 parents)

19th June Mathemagical Competition for selected Year 2 pupils (4.15pm till 6pm) at Waltham St Lawrence Primary School,

(team to be decided)

23rd – 27th June Y6 Residential Trip (please complete online medical and consent forms asap)

23rd – 3rd July Sports Fortnight

26th June Junior Music Festival – A Night at the Movies 12 noon – 8:15pm (please refer to letter)

4th July Sports Day (no after school clubs operating) Events from 9am until lunchtime when you are invited to join us for a

whole school picnic on the field as in previous years

5th July HT Fest

9th July Rock Steady Concert am 11th July Spanish Assembly 9:30am

15th July Year 5 Trip to The Ferry to see the Swan Upping event 1:15pm (details above)

17th July Last day of term & Leavers' Service

4th September Start of the Autumn Term (please see 2025-2026 Term Dates sent today as an attachment)